

## Three options for the technical and cultural study visit of Europe-INBO 2019 in Lahti

### Option 1: Local Life in Finnish countryside -Tour with a lake cruise

Finnish Lakeland and summerly countryside scenery at its best!

Come aboard and enjoy a 2 Hour lake cruise from Lahti to Vääksy Canal. After arriving in summer village Vääksy, a tasty Lunch with seasonal local fish from Lake Päijänne will be served in a local restaurant. After lunch guided visits in Vääksy Mill & Shop and a family owned microbrewery Kanava Brewery – with some tastings too!

Vääksy canal combines two lakes; Lake Vesijärvi and the second largest lake in Finland - Lake Päijänne. The canal is one of the busiest water routes in southern Finland. This area is also one of the most famous summer cottage areas in Finland due to the beautiful lake nature. On this guided tour you'll learn all about the local life and nature surrounding. Return to Lahti by bus, 40 Min.

Duration: 4,5 hours

Starts: 10 am Lahti Passenger Harbor

Ends: 2:30 pm in Lahti city center

Group size: min 20 max 45 persons

Please note:

Cruise departs from the harbor at 10 am, so be there latest at 9:45.

### Option 2: Guided Canoeing excursion

Canoeing Excursion starts from Lahti Passenger Harbor where local instructors of Lahden Vesisamoilijat (local canoeing club) give participants a short instruction on canoeing in a safe way. All equipment incl. life vests are included. Group paddles together to Myllysaari island where a delicious soup lunch will be served in a local Sailing Club's home harbor restaurant. After lunch, return by canoeing to Lahti passenger harbor. Previous experience is not required, this excursion is perfect also for beginners.

Duration: 3,5 hours

Starts: 10 am from Lahti Passenger Harbor

Ends: 1:30 pm at Lahti Passenger Harbor

Group size: min 5 max 10 persons

Please note:

Take some dry changing clothes with you - you might get wet during paddling.

Excursion is depending on Weather conditions (wind), confirmation of the tour will be given day earlier.

### Option 3: LAHTI – city of Ski Jumping and world's best groundwater

On this bus tour, you'll learn what is Lahti all about!

The first visit takes place in the Hartwall Brewery production plant. Hartwall is the innovative leader of the beverage industry in Finland. Brewery tour and some tastings in the visitor centre are included. Next a Buffet lunch will be enjoyed at restaurant Voitto (Victory) right next to 3 Ski Jumping hills which are the famous landmarks of Lahti. Lahti Sports Center hosts yearly international events and is the only venue for hosting 7 times FIS World Championships in nordic skiing. At the Lahti Ski Museum you'll have a chance to learn more about the history of skiing after testing your skills in the ski jumping simulator...

Finally, it is time to take a chair lift up to the tower and have a closer look to the city from ski jumpers perspective. Return to city center by bus.

Duration: 4 hours

Starts: 9:45 bus leaves from Lahti City center

Ends: 2:45 pm at the Lahti city center

Group size: min 20 max 50 persons